

Benjamin Rush

Benjamin Rush Institute



Website

Events

Video

Blog

Resources

Chapters

About

~ August 20, 2016 ~

The day that sparked awareness of physical suicide

Greetings!

September 12, 2016

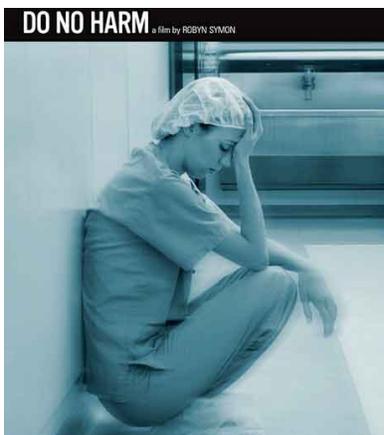
August 20, 2016 marks the day on which an important step was taken to increase awareness of physician and medical student suicide. Eleven cities participated in coordinated events across the country including speakers, doctors, students, and families affected by these tragic deaths. I had the chance to speak with Lacey Kohlmoos of Care2, the main organizer behind the Physician Suicide Awareness: National Day of Solidarity events. Please read the article's report on the events' success, and see what step--no matter how small--you can take to address this serious issue.



Lacey Kohlmoos of Care2

As someone unfortunately familiar with a fellow doctor's suicide, I have been eager to impact this tragic state of affairs for some time. Almost as soon as our 2016 Leadership Conference wrapped up, I had already decided on BRI's 2017's conference theme:

"Healing Our Healers Through the Patient-Doctor Relationship"



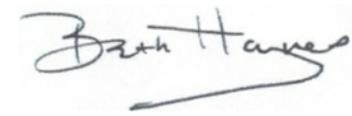
From the *Do No Harm* movie

Other organizations are also addressing physician and medical student suicide, including the **American Foundation for Suicide Prevention (AFSP)** that has put out **three short films** on this issue. Statistics point to physician suicides ranking highest among professions; and, according to studies by the AFSP and others, we lose an estimated **250 to 400** doctors each year to suicide. Furthermore, as a society we fail to address the despair and depression rampant even among those who don't take the final, fateful step.

It heartens me that people are beginning to speak out and find solutions for suicide and depression in healthcare. All transformations start with a first step, and the National Day of was a big first step in taking the conversation to a public, national level. I can't wait to see how quickly we can turn this situation around.

[Read the blog post](#)

In partnership,



Beth Haynes, MD
Executive Director
[Benjamin Rush Institute](#)

Eric Sink: Step boldly into a free market medical practice!



Eric Sink

We bring you the second installment of student articles on this summer's free market medicine conference. Eric Sink, MS2, co-vice president of BRI-Saint Louis University School of Medicine, recently attended the 2016 Free Market Medical Association (FMMA) Conference in Oklahoma City, OK. He is also involved with the medical technology start up, Epharmix.

[Read why you can be excited about a free market-based medical practice!](#)

Pacific Research Institute (PRI) announces Beth Haynes, MD as Fellow, Center for Health Care

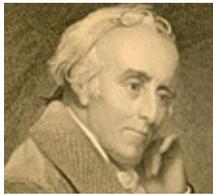
As you may know, BRI has a long-standing, close relationship with Pacific Research Institute. In fact, BRI was formed as part of PRI in 2009, subsequently becoming its own entity in 2013.



In her new additional role, Beth will continue the partnership between these two organizations to forward workable healthcare policy solutions. She will be writing articles and op eds, and providing media commentary on healthcare.

Congratulations, Beth!

[FIND OUT MORE](#)



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