



Attending BRI's Student Leadership Conference is good for residencies!

Greetings!

If you're lucky, you will have a professor who says something useful and memorable that will shape and define your life as a physician positively. I remember a warning that how we live our lives during medical school would end up how we lived our lives as physicians. In other words, if we neglected the non-medicine parts of our lives (friends, family, leisure, our personal health) while students, chances were we wouldn't change much after graduation.

So, I hope you are able to take the time to get your nose out of the books and pay attention to the rest of the world!!



Trenton Schmale, DO, Marian University BRI chapter founder and past president, shares similar advice he got for being in residency.

"During the final days of orientation, my program director told the Interns, "you will only get out of residency what you put in." I'm not sure if there could be a truer statement to define my first five months of residency. Depending on the block there may be lots of free time, or very little at all, but how that "free time" is filled is what will set each resident apart for future endeavors. There is no right answer on how to fill "free time." If you're interested in research, do research -- or . . . sports medicine . . . volunteer on the sidelines at athletic events . . . obstetrics . . . stay late to get extra deliveries . . . ultrasound . . . practice with colleagues after hours The options are limitless as a Family Medicine resident. Personally, I have made a conscious effort to stay involved in policy as an intern, as I'm interested in healthcare policy.

"Back in September, the Indiana State Medical Association had their annual convention. I was able to attend the convention as a resident delegate, while also sitting on the Reference Committee for Legislative Issues. It was a fun time seeing many familiar faces now as a physician instead of medical student. Most recently, I was placed on the Commission on Legislation and Governmental Affairs for the Indiana Academy of Family Physicians. This will be an exciting opportunity to get more involved politically on a local level in my profession for many years to come. I've also signed up, through the Indiana State Medical Association, to be the "Physician of the Day" at the Indiana State House during the General Assembly. I've filled my car rides to and from the hospital with podcasts like BRI's NexGenMed, The Tom Wood's Show, The Doctor's Lounge, and Medscape Family Medicine. I've been catching up

on books from previous BRI conferences, like *Catastrophic Care: Why Everything We Think We Know About Healthcare is Wrong*, *The Conservative Heart*, *Equal is Unfair*, and *Big Medicine: The Cost of Corporate Control and How Doctors and Patients Working Together Can Rebuild a Better System*.

"Yes, life as a resident or medical student is busy, but it doesn't mean you can't stay involved in your passions. Opportunities are out there. Don't be afraid to pursue them. The fact that you are pursuing them will define you." ~Trenton Schmale, DO, Marian University-BRI

Well, at BRI we think that participating in our Annual Leadership Conference as a medical (or even pre-med!) student will help shape the rest of your medical school and beyond.

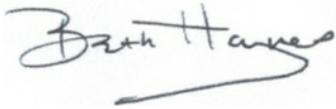
We also think you'll love the speaker line up for the conference! We are happy to welcome back Dr. Jules Madrigal-Dersch, always a conference favorite, as well as others who bring a truly unique perspective on our conference theme:

Ethics of the Patient-Doctor Relationship.

Check out our website's conference page [here](#).

See the info box below and apply to be in Columbus with us!

In partnership,



Beth Haynes, MD
Medical Director
[Benjamin Rush Institute](#)

SHOULD YOU BE AT BRI'S
2018 LEADERSHIP CONFERENCE?

Ethics of the Patient-Doctor Relationship



Thursday, March 8 through Sunday noon, March 11, 2018

This year's Leadership Conference will be held in Columbus, OH.

Here's how you know you should be there:

- You're a pre-med student or medical student.
- You're interested in healthcare policy.
- You're interested in preserving the patient-doctor relationship.
- You want to know more about how to provide the best care at the lowest cost to the most people.
- You think you might be getting one-sided healthcare policy instruction and want to know what others are proposing.

If the criteria above describe you, you should apply to attend BRI's Leadership Conference. It's that simple.

FIND OUT MORE



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OUR EMAILS**



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